A guidebook to the world-class sport climbing on this Aegean island

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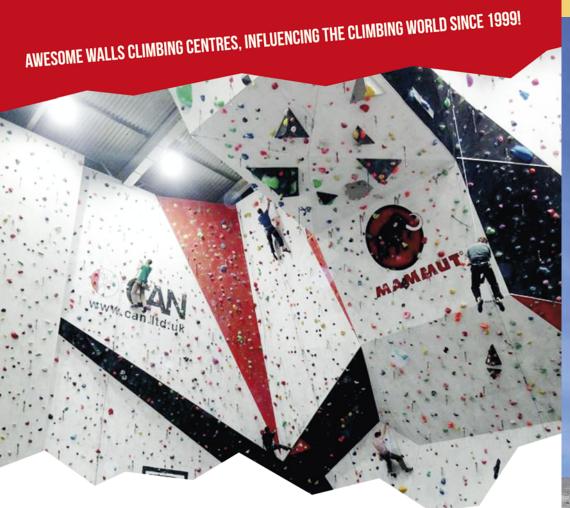
ISBN 978 1 873341 38 4

Cover: Typhoon (7c+) - page 407 - in the Crystal Cave on Telendos.

This page: Repedikt Walser on Apgial

This page: Benedikt Walser on *Aegialis* (7c) - *page 317* - in the Grande Grotta. Both photos: Simon Carter

Chris Craggs



AWESOME WALLS **CLIMBING CENTRES**

AWESOME BY NAME, AWESOME BY NATURE!!!







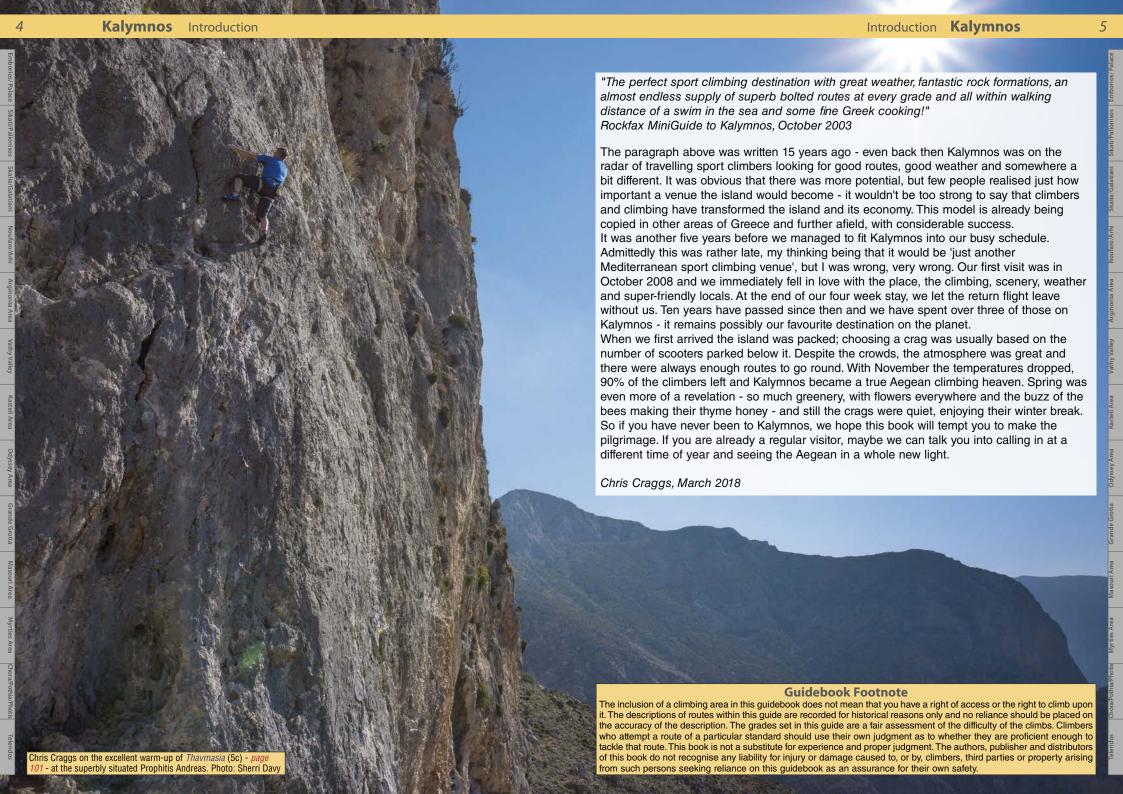
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Early Years

Kalymnos is the fourth largest and third most populous island of the Dodecanese, a group of 15 large and 150 small islands close to the Turkish mainland. Several of these islands have been inhabited since at least the Bronze Age (2600 BC) and remnants of ancient civilisations and conflicts are all around you.

In the 20th century alone the islands were occupied by the Ottomans, the Italians, the Germans and the British, before finally being reunited with Greece in 1947 after 740 years of foreign rule. This explains, in part at least, the Kalymnians' love of parades - they have a lot to celebrate and some catching up to do.









The main industry for many years was sea sponges, collected by diving to the seabed - a hazardous way of making a living. Initially the local waters were farmed, but subsequently divers had to travel far and wide, with a seasonal expedition to the North African coast becoming an annual event. The book 'Mermaid Singing' by Charmian Clift (1958) gives a brilliant insight into island life in the years after the war, and is well worth seeking out if you want a bit more background on the island.



Sponges and Italian architecture - echoes of the past.



The Tourism Boom

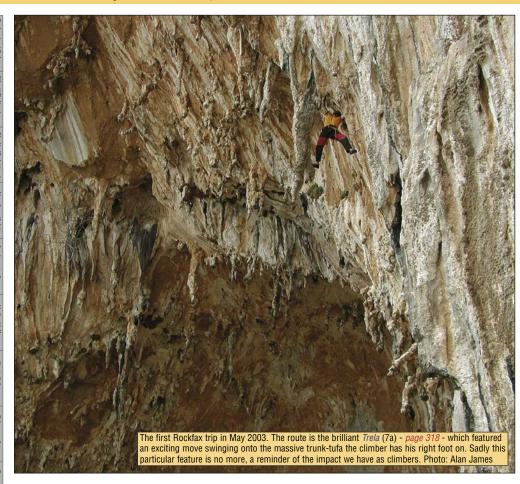
Tourism had long been a minor source of income for Kalymnos, with wealthy Athenians moving to the west-coast resorts in high summer to escape the searing heat of the mainland. Then, in the 1980s and 1990s, Greece became a very popular destination for English, Dutch and German tourists. Kos was in vogue and occasionally became so busy that the people who flew in with 'accommodation allocated on arrival' were shipped over to Kalymnos. The restaurants and accommodation flourished to take up this trade. With gradually changing tastes and demands, however, the flow of tourists slowed and Kalymnos was one of the early casualties.

A humid south wind and Telendos wears a cloud cap for a dramatic sunset.



The fact that Kalymnos has changed in recent years doesn't mean that everyone has joined in.





Bring on the Climbers

At about the same time that the tourist trade started to drop off, the first of the climbers arrived. In 1996, Italian Andrea di Bari came to Kalymnos on holiday and spotted the potential. He returned the following year with his drill and bolted up 43 routes. Gradually, more routes were added and more visitors popped in to check what was available, and the public relations machine began to roll. A print guidebook was published, Rockfax produced an online PDF guide, climbing festivals were arranged, magazine articles appeared and suddenly Kalymnos was very much on the radar.

Aris Theodoropoulos was instrumental in getting this ball rolling with his guidebooks, bolting and organisation. A brief 20 years later and the island is home to more than 3000 routes, many of impeccable quality, and has become one of the best-known destinations on the planet for year-round sport climbing. Climbers visit from all over the world, and their reaction is almost always the same - "what a fantastic place to come climbing".

On our very first visits we were asked by a concerned local whether the climbers would keep on coming to the island. Ten years later and I think the answer is obvious - as long as the routes are there and the welcome remains as warm, Kalymnos will always be very near the top of destinations on any climber's 'hit-list'.



Previous Rockfax Publications

This book follows on from three previous publications, starting way back in 2003 with the initial Rockfax MiniGuide to Kalymnos by Nick Smith and Alan James. This proved popular in its early days and was added to in 2009 with a Version 2, which expanded the coverage.

Kalymnos Other Guides

Taking advantage of the fast pace of development of both the climbing and the available technology, Chris Craggs put together an entirely new version - with full coverage of the island - which was published in the Rockfax app in May 2016.

This book is the logical development of the app-only guide, and has benefitted from the addition of around half a dozen more recently developed crags.

The information is as up-to-date as we can make it at the time of publication, but new routes will be climbed and new crags will be developed. The app version of this book will be updated periodically - see page 12.

If you find anything that is incorrect, out of date or confusing, then please get in touch via rockfax.com.

Kalymnos MiniGuide - Version 1

A PDF guide for download only. Nick Smith and Alan James - October 2003

Kalymnos MiniGuide - Version 2

Nick Smith, Alan James and Chris Craggs - November 2009

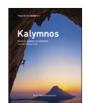
Kalymnos - Rockfax App

A full guide to the island available through the Rockfax app. Chris Craggs - May 2016

Kalymnos

The book you have in your hands. Chris Craggs - May 2018

Other Publications



Kalymnos - Rock Climbing Guidebook

There is another print guidebook to the island by Aris Theodoropoulos. This has run through 6 editions since 2000, with the current edition dating from 2016. climbkalymnos.com

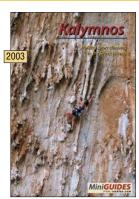


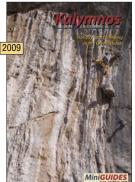
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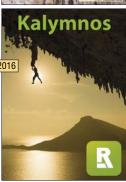
thesend.co.uk

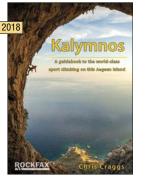
The Send climbing app is produced by Steve Golley. It covers the whole island, is regularly updated and supports the Glaros Bar Bolt Fund.













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The Rockfax App brings together all the Rockfax climbing information with UKC Logbooks and presents it in a user-friendly package for use on Apple iOS devices (Android version to follow).

The heart of the app is the Rockfax crag and route information, which is downloaded by way of paid in-app purchases for individual crags, or bundles of crags, in 'areas' which correspond roughly to printed guidebooks. You can purchase each crag individually, or the whole book.

The main data on the app is downloaded and stored on your device, so you don't need any signal to be able to read the descriptions and see the topos and maps. There is a free sample crag for each area and some of these are quite extensive, enabling you to get a really good impression of what the app is like, without shelling out any money.

The Rockfax App itself is a free download and incredibly useful in its own right. It contains a detailed crag map linke to the UKClimbing crac database (currently wit basic information and route lists for around 21.700 crags worldwid The map also displays all the 4,000+ listings from the UKClimbina Directory of climbing walls, outdoor shops. climbing clubs, outdoo specific accommodatic and instructors and guides, amongst others.



To find the app, search for 'Rockfax App' in Google or on the appropriate store.

UKC Logbooks

An incredibly popular method of logging your climbing is to use the **UKClimbing.com** logbooks system. This database lists more than 420,000 routes and over 21,700 crags; so far, more than 34,000 users have recorded over 5.8 million ascents! To set up your own logbook all you need to do is register at **UKClimbing.com** and click on the logbook tab. Once set up you will be able to record every ascent you make, when you did it, what style you climbed it in and who you did it with. Each entry has a place for your own notes. You can also add your vote to the grade/star system linked to a database on the Rockfax site used by the guidebook writers. The logbook can be private, public or restricted to your own climbing partners only.

The Rockfax App can be linked to your **UKClimbing.com** user account and logbook so that you can record your activity while at the crag and look at photos, comments and votes on the routes. To do this you will need a 3G/4G data connection. You can also look at the UKC logbooks to see if anyone has climbed your chosen route recently to check on conditions.

Route Symbols

A good route which is well worth the effort.

A very good route, one of the best on the crag.

A brilliant route, one of the best on the island.

A significant route which is one of the best of its type and grade in the book. (More than 50).

Technical climbing requiring good balance and technique, or complex and tricky moves.

Powerful climbing: roofs, steep rock, low lock-offs

or long moves off small holds.
Sustained climbing; either lots of hard moves or

sustained climbing; either lots of hard moves or steep rock giving pumpy climbing.

Fingery climbing with significant small holds on the hard sections.

Fluttery climbing with big fall potential and scary run-outs.

A long reach is helpful, or even essential, for one or more of the moves.

Some loose rock may be encountered.

Sloping holds may be encountered.

Graunchy climbing - wide cracks or awkward thrutchy moves.

A route which isn't fully bolted. A rack of gear is needed. There are 3 of these in this book.

Crag Symbols

Angle of the approach walk to the crag with approximate time.

Approximate time that the crag is in direct sun (when it is shining).

The buttress has some multi-pitch routes.

The crag is exposed to bad weather and will catch the wind if it is blowing.

The crag can offer shelter from cold winds and may be a good suntrap in colder weather.

The crag suffers from seepage. It may well be wet and unclimbable in winter and early spring.

The crag is steep and may well offer some dry rock to climb when it is raining.

Deserted - Currently under-used and usually quiet. Fewer good routes or remote and smaller areas.

Quiet - Less popular sections on major crags, or good buttresses with awkward approaches.

Busy - Places you will seldom be alone. Good routes and easy access.

Crowded - The most popular sections of the most popular crags which are always busy.



As ever, there are lot of people without whose help

we should visit Kalymnos even though my climbing

had pretty much tailed off. As it turns out, that visit proved to be a catalyst and a renaissance, and ten

this book would never have seen the light of day. First and foremost, it was Sherri Davy's idea that

vears later the rekindled fire is still burning. A close second is Alan James, who has been involved with this guidebook from its genesis as a downloadable MiniGuide back in 2003 up to this impressive tome 15 years later - his eye for detail and determination to get it right shine from every page. The same group of old friends has travelled to Greece to climb with me on a regular basis; Colin Binks (50 years of climbing together now), Graham and Dan Parkes, Andy Nicholson and Dave Gregory. So many locals have become great friends. Special mention must be made of Babis Psarommatis, and Yannis and Ilias of course, who welcome us like long-lost friends every time we arrive at Babis Bar. Also, Nomikos (Mike) Kardoulias has sorted our car hire requirements faultlessly for many years. Several climbers have been very helpful with comments for the book, both passed to me

Adrian Berry.

Steve Golley deserves a special thanks; he produced the first app to climbing on Kalymnos (The Send) and has been very generous in his support of this guidebook, providing comments and images to help us finish the job.

personally and extracted from their entries in the

UKC Logbook pages - Bruno Fara, Gary Gibson, Gordon Jenkin. Dave Musgrove, Neil Gresham and

Several photographers have offered their photos and added immeasurably to the quality of the book; Simon Carter, Andy Birtwistle, Stuart McNeil, Simon Rawlinson, Kieran Duncan, Szymon Dziukiewicz, We are grateful to the following companies who have supported this guidebook.

Auto Market Car Rental - Page 23 kalymnoscars@gmail.com

Awesome Walls - Page 2 awesomewalls.co.uk

Babis Bar - Page 23 agelica-babisbar@freemail.gr

BMC Insurance - Inside front cover the BMC.co.uk

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Glaros Snack Bar - Page 21

Joe Brown Shops - Page 9 joe-brown.com climbers-shop.com

Mammut- Opposite uk.mammut.com

Pongoose - Back cover flap pongoose.com

Positive Climbing - Page 37 positiveclimbing.com

If you are interested in advertising in future editions of this guidebook, or on Rockfax. com or UKClimbing.com, please email advertising@rockfax.com

Neil Foster, Trevor Langhorne, Paul Twomey, Adrian Berry, Dave Musgrove, Andy Nesbit, John Bunney and Mike Hutton.

Proofreaders Rebecca Ting and David Boothroyd have found more errors than you could ever imagine - thanks for that.

There is a network of people who live on Kalymnos and who have been really helpful with sorting out bits and pieces of information (and feeding the cats); Brenda Latham, Shelly Robinson and Pamela Stoor in particular. Brenda has also allowed us to use her photographs and has been very helpful down the years as a contact and font of knowledge about the island.

Sue and Steve McDonnel of the Glaros Bar have been super helpful with information on new routes.

Mike Reed (Kalymnos Resole) has been especially helpful in nipping out and checking late bits and pieces, plus his UKC logbook has been a mine of useful information.

And lastly to all the people who have cleaned and equipped (or re-equipped) routes on Kalymnos we (and by that I mean all climbers) salute you, we are forever in your debt.

FORMANCE PONCIONE D'ALNASCA SWITZERLAND UK. MAMMUT.COM

Pembroke

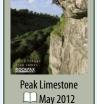


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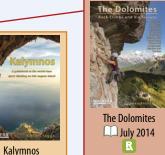


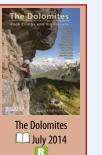


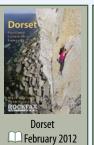


















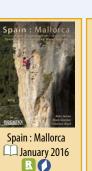




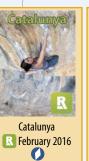
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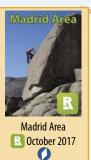


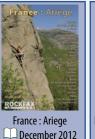
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France







May 2018 RO













Chora/Pothia/Photis Telendo:

When to Go

It is possible to climb all year-round, but the best times are September to November, and March to early June. A visit in winter is a possibility, although it could be cool and finding accommodation will be more of a problem outside the tourist season. It is also possible to climb during the hotter summer months, but everything will be more expensive during



peak season and you will need early starts to get a good morning's climbing while the crags are still in the shade. The hot afternoons are better spent on the beach or taking a siesta. It is worth booking your accommodation before arriving on Kalymnos, especially in the high season when most places are very busy, and in winter when only a few places will be open. If you are travelling during the winter you should be aware that when it is windy, which is quite frequent, the normal ferries won't sail. The catamaran runs a daily service from Pothia to Kos town in most weathers. There is also 'the Pirate Boat', which is an option if you are desperate - ask locally.

| Kalymnos Averages | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Temperature (maximum) | 14 | 14 | 16 | 20 | 24 | 29 | 32 | 31 | 28 | 24 | 19 | 16 |
| Temperature (minimum) | 8 | 8 | 9 | 12 | 15 | 19 | 22 | 22 | 19 | 16 | 12 | 10 |
| Hours of sunshine | 5 | 6 | 6 | 7 | 9 | 10 | 10 | 10 | 8 | 7 | 6 | 4 |
| Sea temperature | 16 | 16 | 16 | 17 | 19 | 22 | 24 | 25 | 24 | 23 | 20 | 18 |
| Rainfall in mm / month | 83 | 76 | 61 | 46 | 17 | 3 | 9 | 3 | 11 | 44 | 93 | 147 |
| Wet days (>1mm) / month | 10 | 8 | 6 | 5 | 5 | 1 | 3 | 1 | 2 | 6 | 8 | 10 |

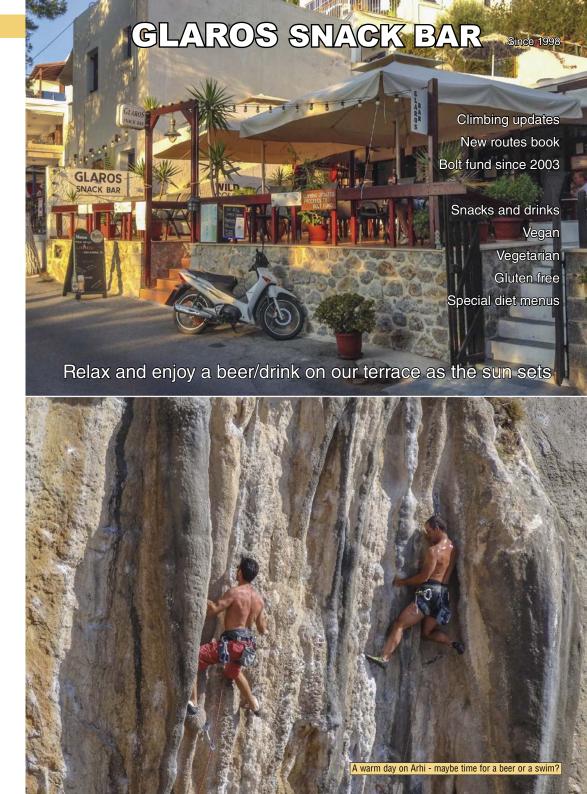
Rain is seldom a big problem; it usually comes as short sharp thunderstorms which pass quickly, but they can be really torrential if you get caught. In addition, if it has been a wet winter, the tufas and stalactites will be dripping. In winter, the north wind can be surprisingly strong and cold, though even when this blows it is usually possible to climb at Arginonta.

Getting There

In the main tourist season (May to October) there are hundreds of holiday flights from all over Europe to Kos, which is a popular package holiday destination. Type 'flights to Kos' into Google for plenty of options. Once on Kos, a taxi to Mastichari (€15) and ferry to Pothia (€7) will have you on Kalymnos. There is a perception that, out of the high season, Kalymnos is hard to reach, but there are three flights a day from Athens to Kos through the winter. It is usually doable in a day if you get your timings right. It is also possible to fly into Kalymnos from Athens, though the schedules and carriers change a lot. Astra Airlines and Sky Express currently fly this routeroute (daily in the summer, three times a week in the winter.)

Travel Insurance

It is strongly advised that travel, medical and rescue insurance is taken out before undertaking a trip. If you are in any doubt, just ask someone who has had cause to use it! BMC Travel Insurance (see advert inside front cover) - thebmc.com



Where to Stav

Masouri, Myrties and Armeos are excellent places to stay and are all well situated for the local crags, with easy access to shops, restaurants and bars. The standard accommodation here is a studio with 2 or 3 beds, two electric rings and fridge, bathroom with shower and balcony with a panoramic view. Prices vary with the season, but during the spring and autumn a small apartment will cost 30-40 Euros per night and usually hold 2 to 3 people. During the winter season there is less choice, but some places stay open.

To search put 'Accommodation Kalymnos' in google.com

Getting Around

One big advantage of Kalymnos is that you don't need a hire car once you are there. There is plenty of good climbing within walking distance of Masouri, and there is also the option to hire mopeds or bicycles or use the bus (ask locally for times/prices).

On your arrival at Pothia you will need to get to Masouri. A taxi is the easy solution - €15 and about ten minutes drive. There is also a bus service, running every 90 minutes



or so from 7am until 9pm. If you are driving a hire car, follow signs to Myrties/Masouri - be aware of the one-way system in Masouri in the high season.

Scooters

There are several places in Masouri and Armeos where you can hire mopeds/scooters for €10-12 a day. The larger scooters can just about fit two climbers and two rucksacks. You will need your driving licence with you if you want to hire a scooter. An alternative is hiring mountain bikes for about €5 a day.

A word on safety - Mopeds are a great way to cut down on your approach walks and get to the more remote cliffs. Always wear a helmet (even though the locals don't) and be wary of car drivers speeding around blind corners!

Take great care if it is wet and watch out for the potholes in the road. Shorts and sandals might be fine for climbing, but are not ideal if you come off the scooter. Most people you see with injuries haven't got them from climbing - that should be a wake-up-call.



Auto Market CAR RENTAL kalymnoscars.gr





Just one minute from the ferry in Pothia

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WE ARE HERE Exit the port and where the road bends right we are ahead right of the three men statue



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By the square in Myrties, close to the Telendos Jetty, opposite Stalas supermarket and convenient for lots of the rock climbing

Tel - 00 30 2243047864 Email - agelica-babisbar@freemail.gr

BABIS BAR AGELICA APARTMENTS

Climbing Shops

There are several gear shops in Masouri, though these seem to change on a fairly regular basis. They stock a range of gear, ropes, shoes, quickdraws and clothing.

Shops

There are several general purpose/minimarket shops in Masouri and a larger one (Stalas) that stays open all year (with full stock) in Myrties. All shops have a useful range of food and drink, including fresh bread daily. If you can't find what you want, just ask in the morning and they will usually get it for you by the time you return from climbing.

Bars and Restaurants

There are many bars and restaurants on Kalymnos, mainly concentrated along the road from Myrties to Masouri. The food is generally of high quality and good value. If you are on a budget, missing out on a starter (fill up on free bread) and a beer can half your bill.

Glaros Bar See advert on page 21

The Glaros Bar in Masouri, run by ex-pats Steve and Sue McDonnell, has long been a focal point of climbing on the island. The bar contains a new routes book and sells a new route update, with the funds raised going to

the bolt fund - they have raised many thousands of euros

over the years. Steve runs the Glaros Bar Bolt Fund which has provided bolts and lower-offs for years and also raised funds for the first mountain rescue stretcher, still in use today.

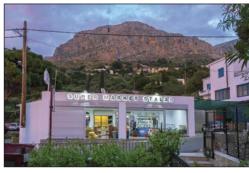
Accident/Illness/Emergency

Pharmacies - open daily Monday to Friday 9:00 - 14:00 then 17:00 - 21:00. Most are closed on Wednesdays and weekends, though there is always one open and this is advertised in the window of all pharmacies. They all sell cold and flu remedies and many other medications that you may need a prescription for in other parts of Europe.

Doctors - The hospital is open 24 hours and treatment is free with your EHIC card. If you need a doctor urgently ask at your accommodation - there is a call-out fee of €60. In the case of a serious injury you can you call an ambulance on 112 or go straight to the hospital. Be aware that at the hospital you will be required to pay for all medications, bandages, crutches etc. and then claim it back on you insurance.

Insects and other Critters

Mosquitoes can be a problem in the warmer months, especially in the evenings. You can buy a very effective liquid repellent that plugs into power sockets in your room for about €5. Repellent on your ankles will stop you getting bitten under restaurant tables. Scorpions and snakes can be encountered - take care when poking about in obscure places.



Stalas Supermarket, Myrties at sundown - still open.



The Aegean, one of many excellent restaurants.



Okay, it is possible that you will climb every day, and love every minute of it. On the other hand, you might want a day off to rest sore fingers and aching muscles. A perfectly pleasant day can be had in Masouri between the beach and the bars - or maybe you fancy seeing a bit more of the island as you have travelled so far.

Travel Agent

Kalymnos Travel Group in Masouri - by the 'hole in the wall' cash machine and opposite the big font. Great for organising trips and visits, timetables and tickets. Anything you want to know, just ask. Open May to October: 9:00 to 12:30 and 17:00 to 20:00.

Beaches and Swimming

Masouri beach with its sun loungers and small beach bars is a pleasant spot to pass some time, but there are several other beaches that are worth a visit. Kantouni (by



the parking for Saint Photis) is broad and sandy, whilst the two beaches at the end of the dirt road beyond Emborios are always quiet (photo page 22). They are also shallow, which is great for snorkelling.

The Elena's Village complex, right under the Grande Grotta, has a nice pool which is open to non-residents (as are most hotel pools) - a pleasant place to bob about and burn a bit in the Aegean sun while watching people playing on the rocks.

Caves

There are a couple of easily accessible caves that are worth a look - take a head torch. Skalia Cave, under the left edge of Cave (page 126), has a couple of ladders leading to some nice chambers and formations. Kefalas Cave, on the south coast beyond Vothini, is just a short walk-in to some interesting bits and pieces. In the summer it is open 8:30 to 14:00. In the winter the door is left unlocked.

Museums

There are a couple of worthwhile museums. The Archaeological Museum in Pothia is housed in a 19th-century house. It has a fine collection from prehistoric times up to recent days.

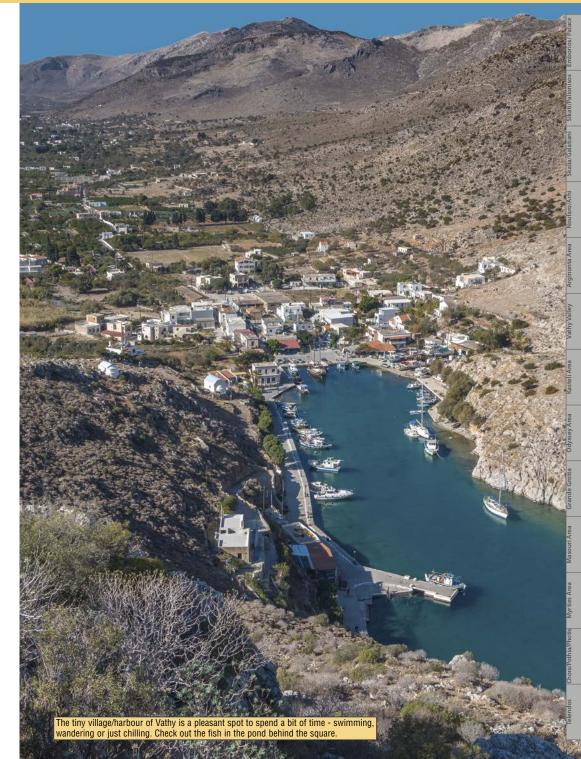
The Navel Museum is next to the town hall. It exhibits items related to sponge-fishing, photographs, ship models and pieces about traditional life on Kalymnos.

Sponge Factory

Only one sponge factory remains, and it is in Pothia. It open to visitors to explore the history of sponge-fishing, diving methods and how the sponges are prepared for sale.





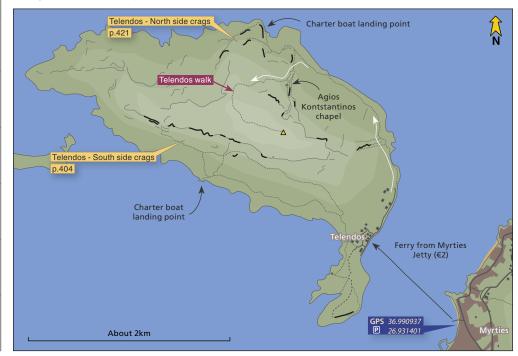


Walks



riverbed), where the path continues to a high col and views down to Vathy. Here the path takes a hard right, loops round the ridge and eventually reaches a small chapel, and just a little higher the substantial building on the summit. Return the same way, or more directly straight down the valley below the small chapel.

Much of the terrain on Kalymnos is rough and trackless, though there are some worthwhile



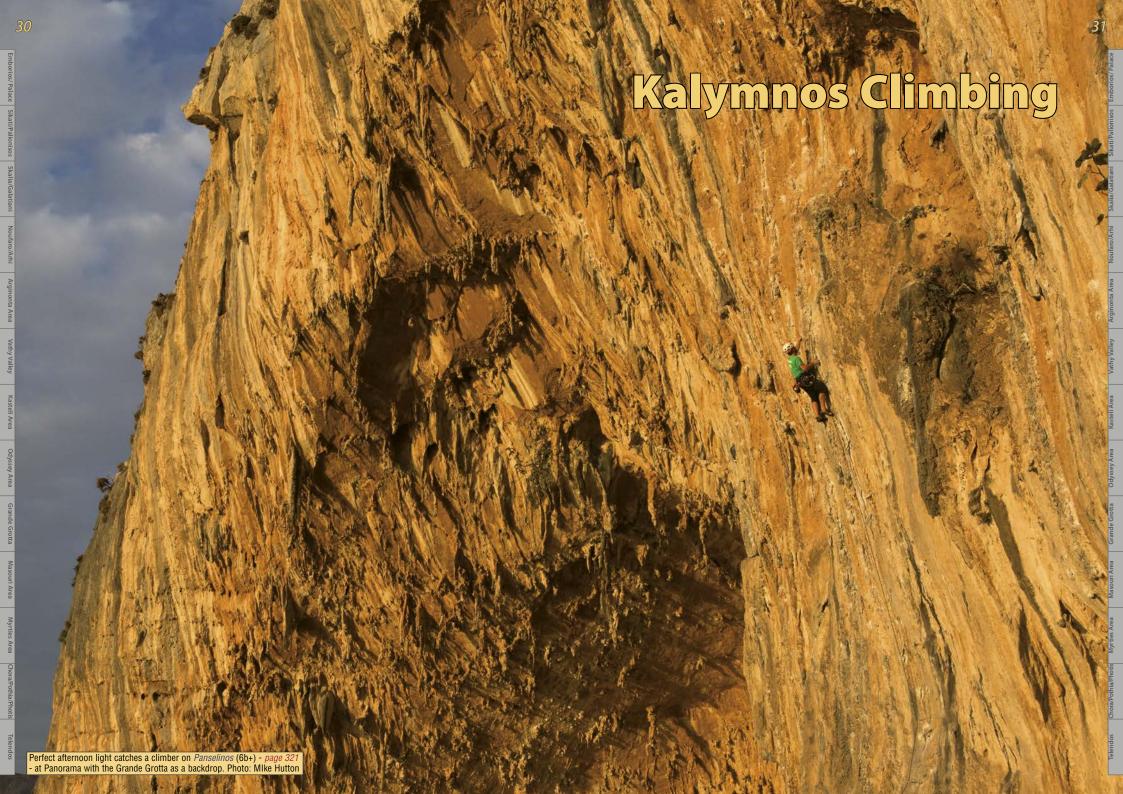


The Italian Road - 4.8km (7.3km to Vathy), 350m of ascent

The path was constructed early in the 20th century and, before the motor road was built in 1967, it was the only land link between Vathy and Pothia. The path starts in Pothia, just above the Archeological Museum, and once located you won't get lost. Once in the Vathy Valley, continue down to the harbour with its bars and cafes. A taxi or bus (14:10 and 17:00) will get you back to Pothia. See photo on page 18.

Telendos - 8.6km, 420m of ascent

A visit to the top of Kalymnos's near neighbour will get you away from the crowds. Catch the taxi-boat to Telendos and on arrival turn right and head along the seafront. After 2.4km turn left under Miltiadis and zig-zag up to the chapel of Agios Kontstantinos and the Byzantine ruins. From here the path deteriorates - head diagonally out to the right then swing round left to access the crest of the island. The summit, with its concrete survey post, is a little further on. Return the same way, being aware of cliffs to both the left and right. Catching the climbers' boat into Irox knocks a couple of kilometres off the walk and makes for an interesting variation.



Gear

For most of the sport routes in this book you will need around 12 to 18 quickdraws and a single rope. There are some very long pitches and extensions where you may need many more guickdraws so take care to equip vourself properly.

Ropes - A 70m single rope is advised and an 80m is an even better option. A 60m rope may get you up and down many of the routes but it is much safer to use a longer rope, and there are a lot of pitches across the grades on Kalymnos that are longer than 30m. The multi-pitch routes can mostly be abseiled on a doubled 80m rope, or two 50m ropes if that is your preference, but check the descent information carefully since there are exceptions.

Other Gear - Beyond these essentials you may find tape useful for bandaging your fingers if the prickly rock starts to take its toll. For multipitch routes a small sack with a water bladder, a long-sleeved shirt and a sun hat is a good idea.

Grades

The sport grades for the routes on Kalymnos have been a bit erratic over the years and the place had gained a

reputation for 'soft' grading compared with other areas in Europe. This is probably still true to an extent, but things are certainly much better than they used to be. The grades we have in this book have been brought in line with the many votes received on the UKClimbing Logbook system. If you have a strong opinion on the route you have just climbed then go to ukclimbing.com/logbook and register your vote so we can keep improving the information. All the routes in this book are listed there.

Colour Coding

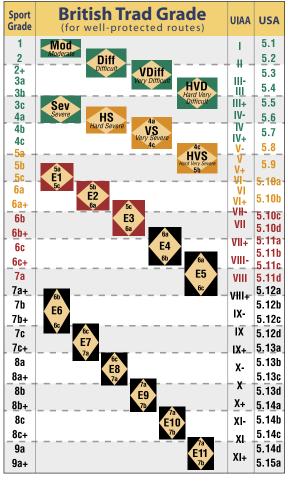
The routes are colour-coded corresponding to a grade band:

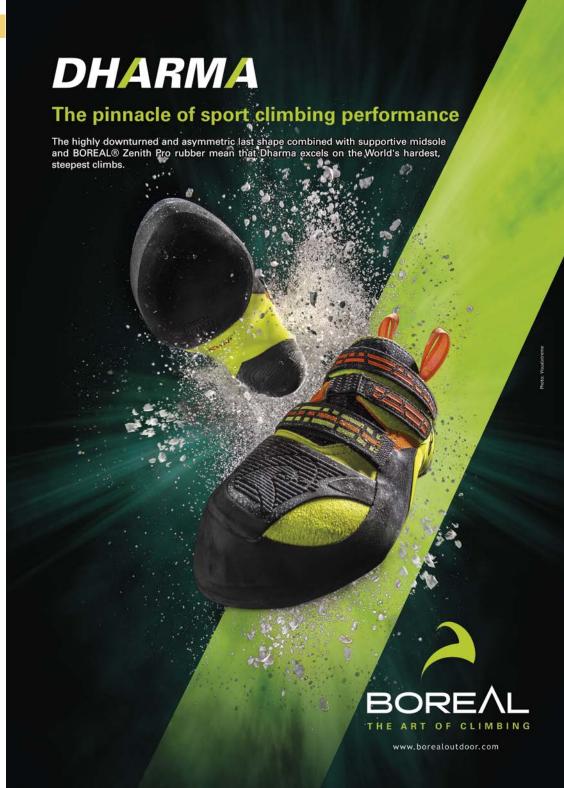
Green Spots - Everything at grade 4c and under. Mostly these should be good for beginners and those wanting an easy life.

Orange Spots - 5a to 6a+ inclusive. General ticking routes for those with more experience.

Red Spots - 6b to 7a inclusive. Routes for the very experienced and keen climber.

Black Spots - 7a+ and above. The hard stuff!





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Good Practice

Access on Kalymnos is usually not an issue as the locals are very much in favour of climbers visiting their island. A few simple rules can keep it this way:

- > Park sensibly, following the instructions given in this book.
- > Leave gates on the approach paths the way you find them.
- > Don't leave litter finger tape, chalk wrappers and cigarette ends are all litter!
- > Please don't defecate at the crag it REALLY spoils the place. If you really can't avoid going, then bury it and carry your paper out don't bury the paper, it won't degrade.

Route Lengths and Lowering Off

The photo-topos have approximate heights next to some lower-offs. These are guideline heights only, and it is important to remember that crag bases are not always level and people stand in different places when belaying. Also, many climbers don't even know exactly how long their rope is, having chopped worn sections off the ends in the past. The golden rule is always be on your guard on longer pitches and ALWAYS tie a knot in the end of the rope to prevent dropping a climber when lowering them.

Lower-offs

The vast majority of routes on Kalymnos have a clip-gate anchor rather than the threadable ring found in many areas. This makes lowering off very easy, but it also puts a lot of wear and tear on the clip-gate anchor - amazingly, a €70 lower-off can be virtually worn through in a busy season. To avoid this, always use one or two of your own quickdraws to take the strain when lowering off unless you are the last person. Never top-rope through a lower-off, always use your own quickdraws.

Stalactite Danger

Stand clear of the base of routes which have big tufas and stalactites; these things DO break off from time to time, but usually it requires the help of a climber pulling or stepping on them.

Rescue Team

In the event of an accident, ring the local rescue team by calling 112 and asking for Mountain Rescue. This is coordinated by active climber Claude Idoux with the assistance of several locals and team leader Alexandros Istatko. Tell them exactly where you are and keep your phone on.



kalymnosrescueteam.org

The Rescue Team have assisted in many rescues and depends upon donations from climbers. If you come across one of their orange donation boxes that are dotted around Masouri consider dropping a few Euros in before you, or one of your friends, needs their services.



Bolts, Bolters and Bolting

Almost every route in this book is a sport route. Many thousands of bolts protect the climbs on Kalymnos, all placed by dedicated climbers, often at great personal expense. The list of climbers who have equipped routes here is long and prestigious. We have included the names of the developers with each cliff, sometimes the list is long! Any errors or omissions - please let us know.

First Ascents

For selected routes - mainly key hard routes and multi-pitch routes - we have listed the first ascensionist(s) where known. More detailed first ascent information is included online on the **UKClimbing.com** Logbook listings.

New Routes

If you do put up new routes, please bolt them in the sympathetic Kalymnos style and clean the routes properly, removing loose rock, vegetation and dirt to prevent plants growing back. Report them to the Glaros Bar new routes book so we can include them next time round.

Bolt Funds

There is more than one bolt fund on the island. With this book we will be supporting the bolt fund run from the Glaros Bar and a proportion of the sales of every copy of this guidebook will be donated to help fund local bolting efforts. You can make a donation direct to the Glaros Bolt Fund through the PayPal link on UKBoltFund.org.

Know Your Bolts

A bolt is a bolt? Well yes and no. Some bolts on Kalymnos could be 20 years old, and then there is the additional problem of corrosion in a marine environment. It is worth a quick look at the bolts on a route before you climb it. Look for corrosion, or cracked rock around the hanger. Keep an eye out for the bad batch of Rocklands bolts (see below) where there is differential corrosion between the nut/bolt and hanger. There are still a few of these out there and they are best avoided.







Corroded Rocklands bolt - DANGEROUS!



Unknown bolt (no brand mark) - quality unknown



Raumer 12mm stainless steel parabolt - good



Raumer stainless steel glue-in bolt - good

THE KALYMNOS WORKSHOP

Coaching excellence since 2002

From Adrian Berry and Gareth Parry

"The course has changed my understanding of what I can achieve, left me motivated to make further progress and hopefully go again next year."

"Thanks! I loved it and will be working on my climbing using all the new information."

"I really enjoyed the week. I wanted to be pushed to my limit and I was."

"It's really like I've discovered climbing again for the first time and I'm currently resetting my targets for things I never would have thought I would be able to climb."

"Thanks for an epic week and for sharing your knowledge and enthusiasm. It's totally changed my approach to sport climbing and I can't wait to put all the stuff I've learnt into practice."



Book online at www.positiveclimbing.com

Main photo: Adrian Berry on Zorba's Restaurant (7a+) page 434 - on Pescatore, Telendos. Photo: Simon Rawlinson

| 8c+ | |
|--------------|-----|
| Tagmania | 272 |
| Ödyssey Area | |
| | |
| 8b | |

| Racomelo |
|----------|
| Glaros |
| 8a+ |

| 8a+ |
|-----------------------|
| Rainbow Dancer |
| Want a Beautiful Life |
| 0- |

| 8a | |
|------------------|--|
| Daniboy | |
| Fun de Chichunne | |
| Hellas Rodeo | |

| ieienaos | |
|-------------------------|----------------|
| Marci Marc Odyssey Area | above, 266 273 |
| 7c | |
| Aegialis | |
| Priapos | 317 |
| 7b+ | |
| Spartacus | 307 |
| Mythologie | 293 292 |
| Ghost Rider | |

Alfredo Alfredo......274
Odyssey Area The Craic......330

| 7b | Prophet Andreas |
|----------------------------------|-------------------------------|
| Houftasaurus | Skalia Area Chnosi Family |
| Aurora Part 1 | Grande Grotta Area Trela8318 |
| Lulu in the Sky | Grande Grotta Area Kastor |
| Ivi | Arhi Area |
| Mort Aux Chèvres | 6c+ Haramiss Extension |
| Calcite Star | Emborios Area Calida |
| Leonides | Masouri Area Helvet-X. 428 |
| Dafni | Telendos |
| Lucky Strike271 | Aeolia |
| Odyssey Area Omiros | Aphrodisia |
| Odyssey Area Philotimo | Katsaplias |
| Summertime Area | The End of Mythos |
| 7a+ | Rastapopoulos |
| Feurdorn | 6c |
| Nickel334 | lliada |
| Tassir | Resista |
| Les Pirates de Sikati | Frapogalo |
| Lambda Capital | Bye Bye Doc |
| Kyprios Angel | Homo sapiens |
| 7 a | Telendos ô Telendos 1 |
| Kaly Magic | Remember Wadi Rum94, 116 117 |
| Nestoras | Les Amazones |
| Crack | Lucifer's Hammer |
| Thimari | 3 Ilots |
| Barbarossa | 6b+ |
| Red Sea Secrets | Kaly Nikhla |
| DNA | Olympiakos for Elias |
| Biloute | Monolith |
| Harry Parterre | Anne |
| Kerveros | Cuni Lingugus |

Fina Kapoor Martinez on *Telendos Star 2* (6a+) page 440 - at Lambda. Photo: Simon Rawlinson

| 42 | Destination Planner | Routes | up to 4c | 5a to 6a+ | 6b to 7a | 7a+ and up | Approach | Sun | Shelt- ered | Dry in rain | Multi- pitch | Seepage | Summary | Page | |
|---|-------------------------|--------|----------|-----------|----------|------------|-------------|------------------------|----------------|----------------------|-----------------|------------|---|------|------------|
| pue s | Emborios Area | 133 | 1 | 66 | 55 | 11 | 15 - 20 min | Lots of sun | Sheltered | | | | As far as you can get from Masouri on two wheels - a varied set of cliffs in a very sunny setting. | 46 | Palace |
| espeled /so Emborio Pala | Palace Area | 44 | 1 | 18 | 15 | 10 | 5 - 10 min | Lots of sun | Sheltered | | | | A trio of old-school venues, usually very quiet and also sheltered. Good for north-wind days. | 62 | Emborios/ |
| sosin pue j | Sikati Area | 60 | 2 | 18 | 13 | 27 | 20 - 30 min | Not much sun | Sheltered | Dry Unin the rain | | Seepage | A pair of very different cliffs - a huge hole in the ground (hard routes) and a shady seaside cliff. | 72 | ionisos |
| sosiuoile _a Sikat Palior | Palionisos | 109 | 3 | 30 | 42 | 34 | 15 - 30 min | Sun and shade | Sheltered | Dry Unin the rain | | Seepage | Three sharp and sunny crags above a tiny settlement and the popular and shady hard crag of Secret Garden. | 80 | Sikati/Pal |
| pue e pand | Skalia Area | 206 | 8 | 87 | 72 | 39 | 15 - 30 min | Afternoon | Sheltered | Dry Unin the rain | Multi-pitch | Seepage | A very varied set of cliffs - Ghost Kitchen is very popular, the rest are less so. | 96 | latiani |
| ineitaleo, Skali: Gala | Galatiani Area | 83 | 5 | 25 | 28 | 25 | 5 - 25 min | Athermoon | Windy | Dry Unin the rain | Multi-pitch | Seepage | Several varied walls and caves. The Calcite Cave is worth a look for steep tufa climbing, though the approach is steep. | 122 | Skalia/Ga |
| nooN and Arhi | Noufaro Area | 68 | 2 | 17 | 22 | 27 | 5 - 30 min | Athermoon | Sheltered | Dry Unit the rain | Multi-pitch | Seepage | Extensive and often quiet, except for the easy routes around the grey slab. | 136 | Arhi |
| iquy/oue | Arhi Area | 183 | 4 | 69 | 57 | 53 | 5 - 15 min | From mid morning | Sheltered | Dry Unin the rain | Multi-pitch | Seepage | A major venue with a lot of superb climbing on great rock. Very hot in the summer, but popular in the winter. | 146 | Noufaro/ |
| Argir | Sea Breeze Area | 132 | 7 | 67 | 53 | 5 | 5 - 10 min | From mid morning | Windy | | | | Easy access and lots of orange-spot goodies, but generally not too busy. Often breezy. | 168 | Area |
| nonta Area | Arginonta | 97 | 13 | 37 | 39 | 8 | 4 - 12 min | Afternoon | Sheltered | | | Seepage | Very popular, with lots of good steep climbing. Many of the routes are getting polished. | 180 | Arginonta |
| enda A | Arginonta Skyline | 92 | 5 | 49 | 32 | 6 | 10 - 45 min | Afternoon | Windy | | | | High on the hill in a great setting - the walk-in keeps the crowds away. An area in development. | 192 | ley / |
| .hy Valley | Arginonta Valley | 61 | - | 43 | 15 | 3 | 6 - 20 min | Not much sun | Sheltered | Dry V in the rain | | Seepage | Summer shade and super-popular when the weather is hot. A good range of grades but not much very hard. | 200 | Vathy Val |
| <i></i> | Summertime Area | 87 | 4 | 25 | 24 | 33 | 3 - 45 min | Not much sun | Windy | Dry V in the rain | | Seepage | It's all in the name - shady stuff for the hotter months. Magoulias Wall and Summertime are popular. | 208 | ia i |
| steli Area | Vathy Valley | 187 | 17 | 69 | 70 | 31 | 3 - 30 min | Morning | | Dry Unin the rain | | Seepage | A varied set of cliffs overlooking the fertile Vathy Valley. The long approach drive means they are usually quiet. | 222 | Kasteli An |
| oo t | Kasteli Area | 71 | 10 | 54 | 3 | 4 | 5 - 10 min | Afternoon | Sheltered | | | | A couple of popular crags close to the sea - one sunny and soapy, one shady and sharp. | 242 | ea |
| Av Kaste | North Cape Area | 82 | 6 | 49 | 13 | 14 | 2 - 30 min | Afternoon | Windy | | | Seepage | A few mediocre crags, though North Cape itself is excellent. Generally fairly quiet. | 252 | dyssey Ar |
| rea G | Odyssey Area | 114 | 12 | 33 | 24 | 45 | 8 - 20 min | Afternoon | Sheltered | Dry Unin the rain | Multi-pitch | Seepage | The first of the really popular crags. Gets shade until mid-afternoon. Many of the classics are polished. | 266 | ta O |
| rande Gro | Olympic Wall Area | 59 | 2 | 10 | 27 | 20 | 35 min | Afternoon | Windy | | Multi-pitch | Seepage | Set high above it all - a long approach keeps the crowds away. Some great routes and amazing views. | 278 | nde Grot |
| o otta 1 | Iliada Area | 83 | 1 | 32 | 33 | 17 | 12 - 20 min | Afternoon | Windy | | | Seepage | An excellent crag with a great array of routes across the grades. | 286 | Gra |
| V ianosey e Grotta rrea | Spartacus Area | 112 | 6 | 21 | 34 | 51 | 20 - 45 min | Evening | Sheltered | Dry the rain | Multi-pitch | Seepage | Ever-popular with a fine set of climbs, many in the higher grades, but some easier ones too. Can get very busy here. | 300 | souri Area |
| Grand | Grande Grotta Area | 80 | 1 | 6 | 31 | 42 | 15 - 17 min | Afternoon | | Dry Unin the rain | Multi-pitch | Seepage | The crucible. Some amazing tufa escapades in the cave and on the leaning walls to the right. Popular and polished. | 314 | Ma |
| Myrties <i>F</i> | Masouri Area | 200 | 3 | 48 | 90 | 59 | 20 min | Afternoon | Sheltered | Dry Unin the rain | Multi-pitch | Seepage | A few rather neglected walls plus the ever-popular Poets, all within an easy walk of much of the accommodation. | 326 | ties Area |
| A/Paroup Pan | Gerakios to Trois Ilots | 106 | 1 | 59 | 34 | 12 | 15 - 30 min | Afternoon | Windy | Dry Unin the rain | Multi-pitch | | A sprawling hillside with the best bits developed into a great set of routes - plenty for everyone. | 350 | tis Myr |
| nora/Pothi | Symplegades Area | 86 | 4 | 35 | 38 | 9 | 12 - 25 min | Sun and shade | Windy | Dry Unin the rain | | Seepage | A breezy canyon which is often busy, and some quieter walls away to the left. Good for escaping the crowds. | 368 | othia/Pho |
| ripud/e stoud/e Chora, Pothia, Saint Photis | Chora and Pothia Area | 59 | _ | 14 | 21 | 24 | 10 - 50 min | Afternoon | Sheltered | Dry Un the rain | | | A series of isolated crags around the main town. Dodoni is popular, the rest less so. | 380 | Chora/P. |
| Chora Saint | Saint Photis | 95 | - | 24 | 38 | 33 | 15 - 35 min | Afternoon | Sheltered | Dry U | | Seepage | Out towards the southwest tip of the island. Monastery sees a few visitors, the other cliffs tend to be quiet. | 388 | sopua |
| dos | Telendos | 334 | 14 | 109 | 125 | 86 | 2 - 100 min |) onduo | | Dry Vin the rain | Multi-pitch | Seepage | A visit to Telendos is a must. Choose from the long classics on the South Face or one of the shady north side cliffs. | 400 | Tele |
| | TOTALS | 3023 | 131 | 1110 | 1046 | 729 | Faded s | symbol me | ans that on | ly some of | the routes | are shelte | ered / dry in the rain / multi-pitch / suffer from seepage and dampness | | |

A fine set of cliffs scattered around the wide amphitheatre above Skalia village. These include the ever-popular Ghost Kitchen and a small collection of less-frequented crags. The superb Prophitis Andreas is well worth the approach and can also be combined with a visit to the easier routes on the shady Elephantslide. Skalia Pillar has some good

Skalia Area

| up to 4c | 1 | 6 | 1 | - |
|------------|---|----|----|----|
| 5a to 6a+ | 6 | 35 | 33 | 13 |
| 6b to 7a | 2 | 5 | 23 | 42 |
| 7a+ and up | 1 | 7 | 15 | 16 |
| | | | | |

No star (1) (2) (3)

climbing, but it has a long and awkward approach if the gate used on the normal approach is locked. Skalia Balcony has some fine long routes and Skalia Cave - the venue of a competition back in 2013 - is the reserve of hard climbers but sees little action now that the competition circus has moved on.

Conditions

The cliffs generally face southwest and get plenty of sun, though much of Ghost Kitchen faces due west and even northwest on its right-hand side and this stays in the shade until quite late in the day. The right-hand side of Skalia Cave also offers a little shade until mid-afternoon - a useful consideration in hot weather. The tufas in the Ghost Kitchen central section will seep after rain, and both Ghost Kitchen and Skalia Cave are well sheltered from the wind. The other crags are a little more exposed.

Approach

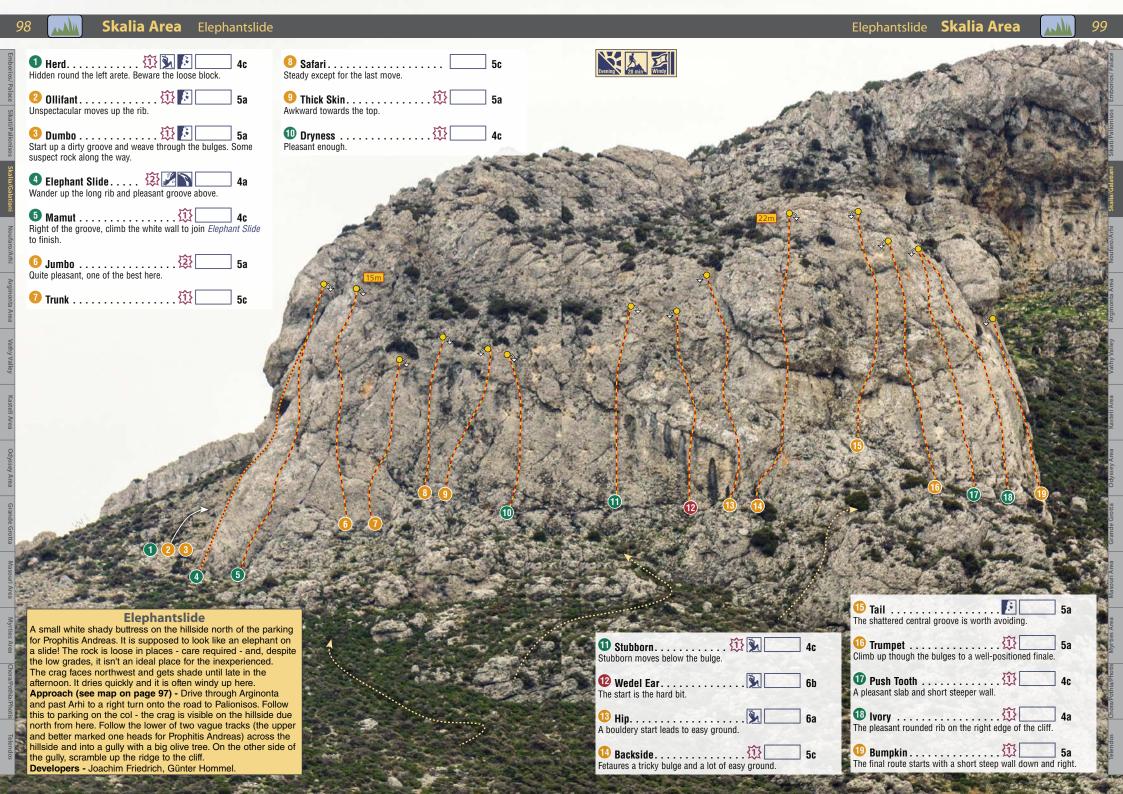
Drive through Arginonta and on past Arhi. For Ghost Kitchen and Skalia Balcony there is parking around the start of the track that runs up towards the cliff. Recently some folks have been driving scooters up this - PLEASE DON'T - it only saves a couple of minutes and the track is a private drive. For Skalia Pillar, continue to the right turn until the road to Palionisos appears. Follow this through the rubble to parking on the first left-hand bend by a large goat enclosure. Don't block the gate. See crag pages for precise approach instructions.

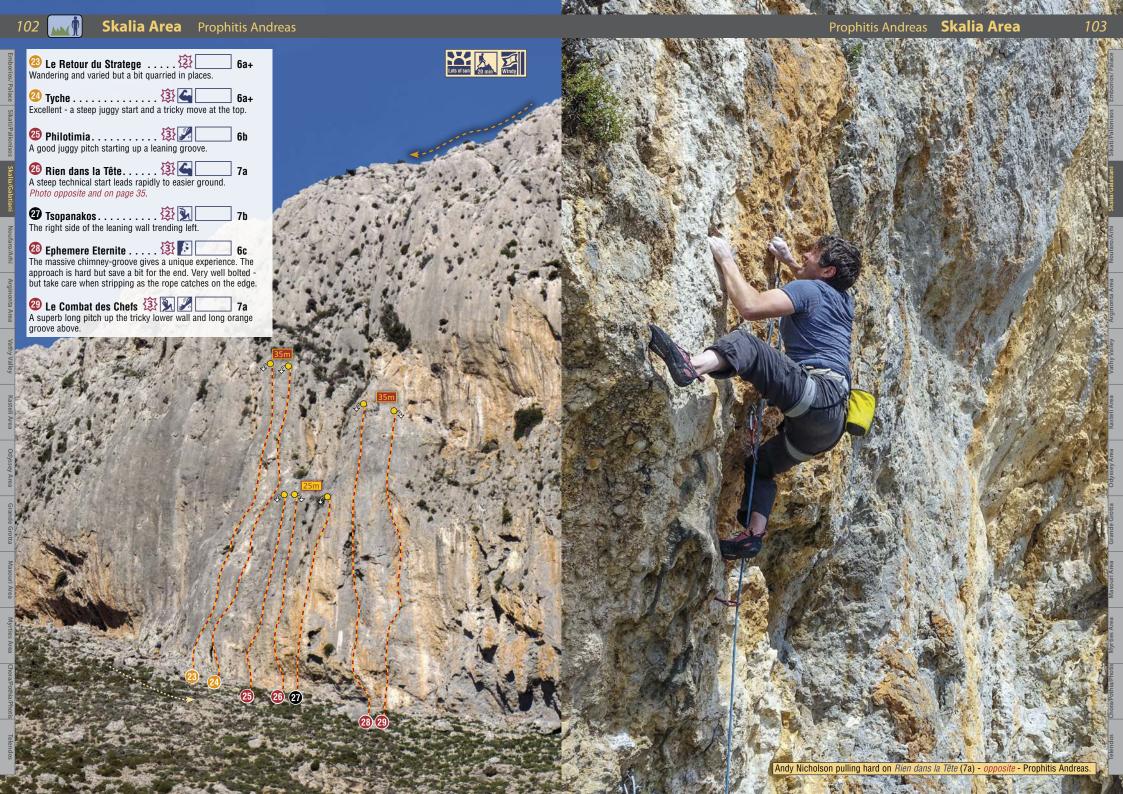


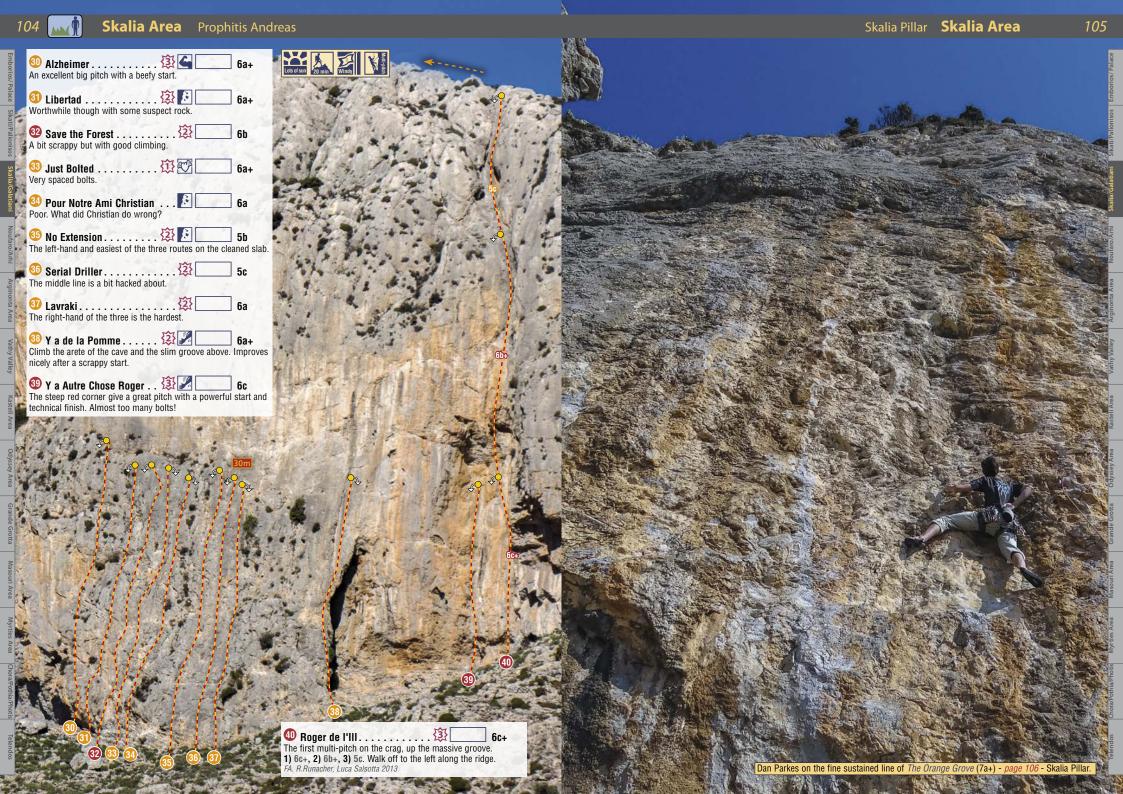


Skalia Area









The location of the 2013 competition, for which a clutch of very hard routes was bolted. The grades run from 7b to 8c+, so there isn't much here for most climbers. However if you are up to it, the place is worth a visit. The lines are good but the climbing is 'created', which isn't to everyone's liking.

The crag faces southwest and gets lots of sun. It is exceptionally sheltered but will seep after rain. Approach (see map on page 97) - From the parking under the track that runs towards Ghost Kitchen, walk along the road for 190m and follow a track (the second one) along the side of a wall. This bends right then a cairned path runs straight up towards the crag. At a rocl band scramble into the cave - fixed ropes.

Developers - Jacopo Larcher, Hansjörg Auer, Iker Pou, Siebe van Hee.

The first of two lines hidden in a cave on the far left.

| ' | A direct start to <i>The Fridge</i> . | |
|----------|---|--|
| he to | 3 Sweet Balls | |
| | 4 Indar Gorri | |
| | 5 Shoot | |
| ky | 6 Don't Call Me Greasy 8b Tough climbing out of the cave. | |
| - | O Don't Cry 'til it's Over 🔯 🔽 7c+ | |
| | The Hesitators 2 7c+ | |



